

Seniors Deliver Wisdom

By: McKenzie Tracey, Grade 9

The new school year is starting and as students pile in, freshmen are getting used to how the high-school works. It is common to fear change, for freshmen it can be a big deal to change from middle school to high school.

As you know, a lot of freshmen are overwhelmed and that's okay, because the seniors are here to give you some advice. They know how overwhelming and stressful it can be. That's why they're here, to tell you they're experience and what they went through, and what they think the best way to approach the upcoming year is. Some advice for freshman could be very helpful. I asked a couple of Seniors to share some advice for the freshman and this is what they came up with.

"Focus on your schoolwork because that's very important," suggested Catherine Wells. Statistics show that there is a 30% rate of highschoolers that fail due to missing work. According to www.Scholastic.com Homework is important because "Homework teaches students to work independently and develop self-discipline." Kevin Minnis says "Do the work and actually study. Don't be a risk taker like me. I went through all of my middle and high school years not studying, but it came at a big risk." According to Quora.com "Studying helps us know a lot of information and facts about ourselves and the world in which we are living." www.reference.com also states "Studying is important because it is essential for a person to develop a complete education and it provides students with the opportunity to develop study habits." Chris Todd says "Try some new things out. You'll never know if you'll like it or not." www.theartofeducation.edu explains the 4 benefits of trying out new things such as, how it keeps students engaged, helps students see that failure is okay once in a while, boosts creativity, and provides students with a wealth of knowledge. It is a very interesting website and if you are looking for more information on how trying new things may help, I suggest www.theartofeducation.edu.

"I regret not caring about my grades as a freshman," explains Kevin Minnis, a senior at Logan Hocking High School.

www.edubloxtutor.com says "Better grades, higher

test scores, and involvement in a variety of activities can help a student get more money for college." www.thebluebanner.net also states that "Students with lower grades also tend to have lower self-esteem, according to several studies published by the National Institute of Health." When asked what they regret not doing during their highschool years, Catherine Wells says "One thing I regret not doing is prioritizing my time more."

www.laboratoryequipment.com says "Prioritizing allows you to identify the most important tasks at any moment and give those tasks more of your attention". Prioritizing is very important because it will help relieve your stress.

www.laboratoryequipment.com also says "It (prioritizing) is a good way to ensure that deadlines are met and stress is minimized." It is very important that you pay attention to deadlines because it could affect your missing assignments which could affect your grades.

When asked their opinion on the freshmen of Logan High School, Chris Todd said, "They are disrespectful and annoying and think they own the school." Attitude matters. The way you treat people and act around people may reflect how people think of you. www.ferris.edu says "A positive attitude is something you should strive for." Your teachers, when you graduate, may recommend you to some colleges or your college may ask some of your teachers questions about you. It may impact you if your teacher tells them that you were disrespectful and never involved. The freshman this year don't have that great of a reputation in the eyes of the seniors. It seems that a lot of seniors have the same perspective on how the freshman act. If you would like tips on how to have a more positive attitude <https://blog.connectionsacademy.com> is a good website to check out.

I hope this article has helped many freshmen understand that high school isn't as bad as the media portrays. You guys are not alone. If you need anyone to talk to, ask around. I'm sure someone can help.